

INDIVIDUAL EMDR THERAPY INTENSIVES

Accelerated healing through focused, extended EMDR sessions



[SCHEDULE AN APPOINTMENT](#)

WHAT'S INCLUDED

- ✓ Pre-intensive consultation & planning
- ✓ Customized EMDR treatment plan
- ✓ Personalized pacing throughout the intensive
- ✓ Extended, uninterrupted EMDR sessions
- ✓ Regulation breaks + integration support
- ✓ Post-intensive recommendations

WHO THIS IS FOR

EMDR Intensives may be a good fit if you:

- Want faster relief than weekly therapy
- Feel “stuck” despite previous work
- Need focused time to process trauma or intrusive thoughts
- Prefer fewer sessions with deeper impact

\$315 - \$490

EXTENDED SESSIONS (90 MIN - 2 HRS)

💰 **Weekday:** \$330 – \$490*
**Weekdays only*

\$840 - \$1480

HALF-DAY INTENSIVES (4 HOURS)

💰 **Weekday:** \$880 – \$980
💰 **Weekend:** \$1,320 – \$1,480

\$1260 - \$2960

FULL-DAY INTENSIVES (6-8 HOURS)

💰 **Weekday:** \$1,320 – \$1,960
💰 **Weekend:** \$2,640 – \$2,960

\$2520 - \$8880

MULTI-DAY INTENSIVES (2-3 DAYS)

Call to Discuss

*Pricing varies by clinician and schedule.

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HOW PAYMENT WORKS

OPTION ONE

PAY IN FULL

- ✓ Pay the complete cost when you book
- ✓ BONUS: Receive a FREE follow-up session (virtual or phone)*

*FREE session must be booked within 2 weeks after your intensive

OPTION TWO

PAY HALF NOW, HALF LATER

- ✓ Pay 50% when you book
- ✓ Pay remaining 50% the day of the intensive

OPTION THREE

BUY NOW, PAY LATER

- ✓ Spread your payments over time through a 3rd party provider*

*Eligibility and payment terms are set by the provider, not by Fearlessly Inspired Therapeutic Solutions.

WHAT HAPPENS NEXT?

- 1 Identify your target memory/goals with your therapist
- 2 Secure your dates with payment
- 3 Receive prep materials and support
- 4 Arrive ready for deep, focused healing

IMPORTANT!

Missed/Late payments: If you anticipate any issues with an upcoming payment, please reach out before the due date.

Missed payments without communication may result in your intensive being rescheduled.

Please note: EMDR Intensives are private pay services and are not reimbursable through insurance.

However, you may be able to use HSA/FSA funds. We can provide you with a superbill for your records.

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PRICE SHEET



Kayla Johnson

Licensed Clinical Marriage & Family Therapist
(LCMFT)

EXTENDED SESSIONS* (90 MIN - 2 HRS)

🇺🇸 **90 Minutes:** \$330

🇺🇸 **2 Hours:** \$440

**Weekdays only*

HALF DAY (4 HOURS)

🇺🇸 **Weekday:** \$880

🇺🇸 **Weekend:** \$1,320

FULL DAY (6 - 8 HOURS)

🇺🇸 **6 Hours:** \$1,320

🇺🇸 **8 Hours:** \$2,640

MULTI-DAY (2 - 3 DAYS)

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PRICE SHEET



Dr. Laryssa Creswell

EXTENDED SESSIONS* (90 MIN - 2 HRS)

🇺🇸 **90 Minutes:** \$368

🇺🇸 **2 Hours:** \$490

**Weekdays only*

HALF DAY (4 HOURS)

🇺🇸 **Weekday:** \$980

🇺🇸 **Weekend:** \$1,480

FULL DAY (6 - 8 HOURS)

🇺🇸 **6 Hours:** \$1,480

🇺🇸 **8 Hours:** \$2,960

MULTI-DAY (2 - 3 DAYS)

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